

INDIAN SCHOOL MUSCAT
FIRST PRELIMINARY EXAMINATION
JANUARY 2019

SET B

CLASS XII

Marking Scheme – PSYCHOLOGY [THEORY]

Q.NO.	Answers	Marks (with split up)
1.	Salovey & Mayor	1
2.	B. Alfred Adler	1
3.	Psychoneuroimmunology	1
4.	False	1
5.	True	1
6.	C. Cognitive Behavior therapy	1
7.	B. Gardener Murphy	1
8.	Edward Hall	1
9.	B. Crowding Tolerance	1
10.	Para Phrasing	1
11.	<p>Creativity tests are process oriented and their main focus is mainly on the way or the process of finding the solution rather than the final outcome. The second important quality of creativity tests are there is no right and wrong answer and all the questions are in open ended format.</p> <p style="text-align: center;">(OR)</p> <p>The term giftedness is associated with the children who consistently performance in a better way in various fields. The Gifted children are having different qualities which are as follows. Advanced logical thinking, questioning and problem solving. High speed in processing information. Superior generalization and discrimination ability. Advanced level of original and creative thinking.</p>	2
12.	Simultaneous processing refers to fixing the newly learned or acquired information with the already existing information. Successive processing refers to recalling the stored content or the information in a serial order one by one.	2
13.	<p>The theory of trigunas is found in the Atharva veda. It includes three different gunas or traits. Satva guna Rajas guna Tamas guna (To be explained in detail)</p> <p style="text-align: center;">(OR)</p> <p>As persons we always make some judgement about ourself. The value</p>	2

	<p>judgement made by an individual about himself or herself is called as self-esteem. A child at the age of seven years is able to develop the self-esteem in four different areas.</p> <ol style="list-style-type: none"> Academic competence Physical appearance. Social competence Physical and athletic competence. 	
14.	<p>The two coping strategies proposed by Lazarus are as follows.</p> <ol style="list-style-type: none"> Problem focused Emotion focused 	2
15.	<p>Compliance is a way of making others to accept a request. The compliance techniques are as follows.</p> <ol style="list-style-type: none"> Foot in the door technique Dead line technique Door in the face technique. 	2
16.	<p>The process of impression formation includes three stages</p> <ol style="list-style-type: none"> Selection Organization Inference. <p>The effects of impression formation are two</p> <ol style="list-style-type: none"> Primacy effect Recency effect. 	2
17.	<p>The levels of consciousness proposed by Sigmund Freud in his theory of personality are 3.</p> <ol style="list-style-type: none"> Conscious Pre – Conscious Unconscious (To be explained in detail) 	3
18.	<p>Hans Selye is known as father of modern stress research and he observed the animals and human beings in two different situations. Sick and injured animals and human beings in hospitals and healthy animals and human beings in laboratory while projecting X-rays and injecting epinephrine on them.</p> <p>GAS theory includes three steps</p> <p>Alarm reaction</p> <p>Resistance</p> <p>Exhaustion (To be explained in detail)</p>	3
19.	<p>Mood disorders are of four types.</p> <ol style="list-style-type: none"> Depression Major Depressive Disorder Mania Bipolar mood disorder <p>(OR)</p> <p>Delusion is a false belief, which is firmly held on in adequate grounds.</p> <ol style="list-style-type: none"> Delusions of persecution Delusions of reference Delusions of Grandeur Delusions of control <p>Hallucinations may be auditory, tactile, somatic, visual or gustatory. (To be</p>	3

	explained in detail)	
20.	<p>Logo therapy is a part of existential therapy, Logos is a greek word which means soul and log therapy refers to the treatment of the soul.</p> <p>Transference is discouraged in this therapy.</p> <p>Finding the meaning even in life threatening circumstance is very important in the therapy.</p>	3
21.	<ul style="list-style-type: none"> i. Linguistic intelligence ii. Logical-mathematical intelligence iii. Bodily-kinesthetic intelligence iv. Spatial intelligence v. Interpersonal intelligence vi. Intrapersonal intelligence vii. Naturalistic intelligence viii. Musical intelligence 	4
22.	<p>The very well-known Projective mechanisms of personality assessment are</p> <ul style="list-style-type: none"> i. RIBT ii. TAT iii. Sentence completion test iv. Draw a person test v. Rosen weig's picture frustration study 	4
23.	<p>The factors contributing to healing in psychotherapy are</p> <ul style="list-style-type: none"> i. Therapeutic relationship ii. Professional qualification and abilities of therapist iii. Client related factors iv. Nature of the problem and choice of techniques. <p>Alternative therapies are</p> <ul style="list-style-type: none"> i. Yoga ii. Meditation iii. Counselling iv. Music therapy 	4
24.	<p>Prejudice resolution is possible through the mentioned strategies</p> <ul style="list-style-type: none"> i. Minimizing opportunities for learning prejudices ii. Changing such attitudes iii. De-emphasising narrow social identity based on ingroup. iv. Education and information dissemination for correcting stereotypes. v. Increasing intergroup contact. vi. Highlighting personal identity rather than social identity. <p>Fundamental attribution error refers giving more importance to personal factors and ignoring the role of situational factors.</p>	4
25.	<p>The Poverty refers to shortage of resources for living and it is considered as an economic term generally. The poverty in broader view is not only an economic cause and it is associated with the various psychological reasons. The various psychological characteristics of Poverty are</p> <p>Low motivation</p> <p>Low self-esteem</p> <p>Attitude of resentment towards the society.</p>	4

	<p>Low amount of cognitive functioning Mental health related problems</p> <p style="text-align: center;">(OR)</p> <p>Any sound which is annoying or irritating is called as noise and it effects the task performance and behavior of people in different ways.</p> <p>Effects Noise leads to low level of concentration and reduces the task performance. If the task is tough means a minor noise also irritates. If the task is simple means even a severe amount of noise may not affect. If the noise comes at irregular intervals it will disturbs a lot. If the noise is continuously present it may not be that much harmful to us. Continuous presence of noise may leads to hearing impairment and sometimes it leads to sleeplessness.</p> <p style="text-align: center;">(To be explained in detail)</p>	
26.	<p>Pseudo psychologist is an individual who will not have any academic back ground, professional expertise and they catch hold certain words related to psychology and they act in a smart way as psychologist. The importance of assessment skills for a psychologist are</p> <ol style="list-style-type: none"> i. The diagnostic purpose ii. Counselling purpose iii. Understanding the problems of the people iv. Providing solutions to the problems and difficulties <p style="text-align: center;">(OR)</p> <p>Hearing is a biological activity whereas listening is biological and psychological. In listening we give importance to the sounds as well as its meaning and in hearing only the sounds are important. The process of communication includes various types.</p> <ol style="list-style-type: none"> i. Accidental ii. Rhetorical iii. Intrapersonal iv. Interpersonal v. Public <p style="text-align: center;">(To be explained in detail)</p>	4
27.	<p>Anxiety disorders are five types.</p> <ol style="list-style-type: none"> i. Generalized anxiety disorder ii. Panic disorder iii. Phobias iv. PTSD v. Obsessive –Compulsive disorder <p>The forms of aggression are</p>	6

	<p>Verbal, Proactive, Physical and Hostile aggression.</p> <p>(OR)</p> <p>Somatoform disorders are of four types.</p> <ul style="list-style-type: none"> i. Pain disorder ii. Somatization iii. Conversion disorder iv. Hypochondriasis. <p>Oppositional Defiant disorder: It refers to age in appropriate amount of stubbornness, irritable, defiant and disobedient.</p>	
28.	<p>People obey others even it is harmful to them due to various reasons People feel that they are not responsible for whatever they are doing and it is the higher authority ordered to do it. People obey others because of due to authority and it always flows from top to bottom and it is difficult to resist. People obey others because to get some privileges and benefits. People obey others because of situational demands and it is difficult to think in certain situations and only obedience is the matter. Determinants of cooperation and competition</p> <ul style="list-style-type: none"> i. Reward structure ii. Interpersonal communication iii. Reciprocity <p>(OR)</p> <p>In the matters of capital punishment that the majority view is validated or accepted by the public and it is known as bandwagon effect. Continuous and constant interaction among the group member's results to extreme side decisions and the entire group members will try to think in a same manner and it is known as group polarization. Acceptance of a group norm is known as conformity and the determinants of conformity are Size of the group Size of the minority Nature of the task Public/Private expression Personality</p>	6